

If $H(q, p) = \text{const}(t)$, we have restricted HJ equation:

$$H(\{q_i\}, \underbrace{\{\frac{\partial W}{\partial q_i}\}}_{p_i}) = \underbrace{\mathcal{L}_1}_{\text{basically, } E} \quad (*)$$

W is a CT generating function in its own right: consider a CT s.t. $P_i = \mathcal{L}_i, \forall i$.

Then if we define $W = W(q, p)$, we have:

$$\begin{cases} p_i = \frac{\partial W}{\partial q_i} \\ Q_i = \frac{\partial W}{\partial P_i} = \frac{\partial W}{\partial \mathcal{L}_i} \end{cases}$$

but this is consistent with

$$\begin{cases} p_i = \frac{\partial S}{\partial q_i} \\ Q_i = \frac{\partial S}{\partial \mathcal{L}_i} \end{cases} \quad \begin{array}{l} \text{from} \\ \text{before,} \\ \text{so that} \\ \text{this is "our"} \\ W \end{array}$$

However,

$$H(\{q_i\}, \{p_i\}) = \mathcal{L}_1$$

↙

$$H(\{q_i\}, \{\frac{\partial W}{\partial q_i}\}) = \mathcal{L}_1$$

↘ new canonical momentum

W does not depend on t : $K = \mathcal{L}_1$
 $\frac{\partial W}{\partial t} = 0 \rightarrow$ "new H"

Thus, W generates a CT in which all $P_i = \mathcal{L}_i$ are const $\Rightarrow$ all Q_i 's are cyclic:

$$\begin{cases} \dot{P}_i = -\frac{\partial K}{\partial Q_i} = 0 \Rightarrow P_i = \alpha_i \\ \dot{Q}_i = \frac{\partial K}{\partial P_i} = \delta_{i,1} \end{cases}$$

Then $\begin{cases} Q_1 = t + \beta_1 = \frac{\partial W}{\partial \alpha_1}, \\ Q_{i \neq 1} = \beta_i = \frac{\partial W}{\partial \alpha_i}. \end{cases} \quad (**)$ $\leftarrow$ no t involved

all coords are const except Q_1 , which is actually time (!). Thus, $H = \alpha_1$ is the generalized momentum conjugate to (t) .

Eq. (*) is a partial differential equation with n integration constants but one is trivial: $W \rightarrow W + c$; the remaining const are $\{\alpha_2, \dots, \alpha_n\} + \alpha_1 =$ new const canonical momenta

Use $p_i = \frac{\partial W(q, \alpha)}{\partial q_i} \Big|_{t=0}$ to find $L_i = \alpha_i(p_{i,0}; q_{i,0})$
 $i=1, \dots, n$ (both eq's)

Next, we can use (**) to get $q_i = q_i(\alpha, \beta, t) = q_i(p_{i,0}, q_{i,0}; t)$ basically $q_i(t)$, solutions of EoM
 $\uparrow$
 depend on ICs

We can even choose one of q_i 's at $t=0$

Use the second set of Eq's (**) (for $i \neq 1$) to obtain $\beta_{i+1} = \beta_{i+1}(p_{i,0}, q_{i,0})$; use the $i=1$ eq'n to get $\beta_1 = \beta_1(p_{i,0}, q_{i,0})$

(say q_1) as an indep. variable and solve for $q_2(q_1)$, $q_3(q_1)$, ... using the lower, t-indep. Eq. (**) [for $i \neq 1$].

→ orbit EoM

Separation of variables

Completely separable:

$$S = \sum_{i=1}^n S_i(q_i; \alpha_1, \dots, \alpha_n; t), \text{ or}$$

n HJ eq's:

$$H_i(q_i; \frac{\partial S_i}{\partial q_i}; \alpha_1, \dots, \alpha_n; t) + \frac{\partial S_i}{\partial t} = 0$$

If H does not depend on t ,

$$S_i(q_i; \alpha_1, \dots, \alpha_n; t) =$$

$$= W_i(q_i; \alpha_1, \dots, \alpha_n) - \alpha_i t$$

⇓

n restricted HJ eq's:

$$H_i(q_i; \frac{\partial W_i}{\partial q_i}; \alpha_1, \dots, \alpha_n) = \alpha_i$$

[α_i 's are called separation constants]

← ordinary differential eq's, 1st order

One can show that any cyclic coordinate is separable.

Let's say q_1 is cyclic $\Rightarrow p_1 = \text{const} \equiv \gamma$

Restricted HJ equation:

$$(+)\quad H(q_2 \dots q_n; \gamma; \frac{\partial W}{\partial q_2} \dots \frac{\partial W}{\partial q_n}) = \alpha_1$$

Now, try $W = W_1(q_1, \{\alpha\}) + W'(q_2 \dots q_n, \{\alpha\})$

Then $W \rightarrow W'$ in Eq. (+), while

$$p_1 = \gamma = \frac{\partial W_1}{\partial q_1} \Rightarrow W_1 = \gamma q_1 + \underbrace{\text{const}}_{\substack{\text{set to 0} \\ \text{for simplicity}}}$$

$$\text{So, } W = W' + \gamma q_1$$

Similar to t & $-H$: if $H = \text{const}(t)$,
 t is cyclic

and a $-Et$ term appears:

o

If $B < n$ coordinates are non-cyclic & fully separable

$$W(\{q\}, \{\alpha\}) = \underbrace{\sum_{i=1}^B W_i(q_i, \{\alpha\})}_{\text{If fully separable}} + \underbrace{\sum_{i=B+1}^n q_i \alpha_i}_{\substack{\text{cyclic} \\ \text{coords}}}$$

$$\Downarrow$$

$$H_i(q_i; \frac{\partial W_i}{\partial q_i}; \alpha_i) = \alpha_i \quad i=1, \dots, B$$

easy to solve, as before

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Action-angle variables : 1 DoF

Consider a conservative system:

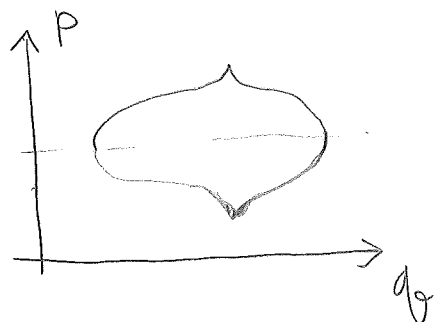
$$H(q, p) = \mathcal{L}_1$$



$$p = p(q, \mathcal{L}_1) \quad \text{orbit equation in 2D phase space}$$

Focus on 2 types of periodic motion:

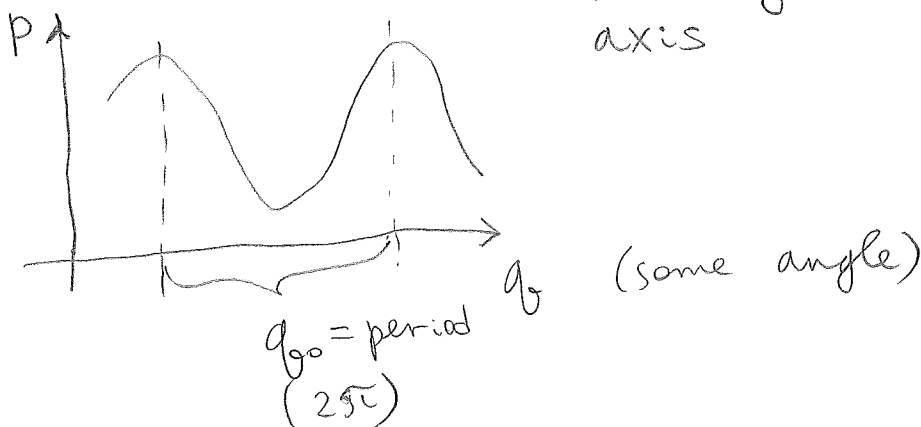
① Closed orbits ("libration")



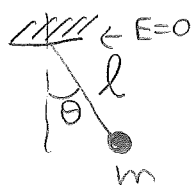
e.g. 1D HO

② Rotation

e.g. a rigid body rotating around an axis



Ex.

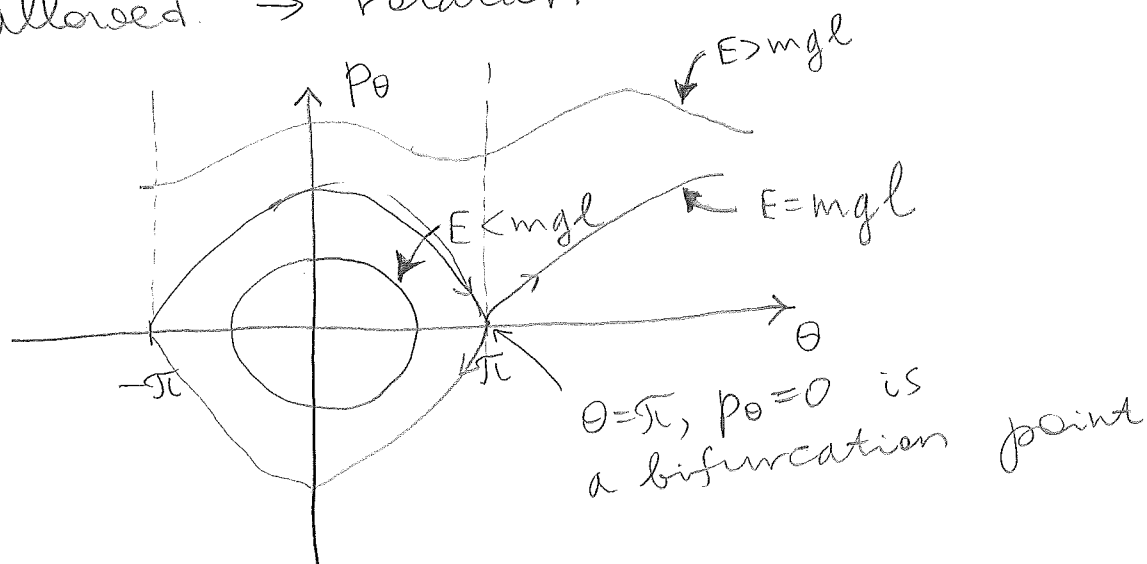


$$E = \frac{p_\theta^2}{2ml^2} - mgl \cos \theta, \text{ or}$$

$$p_\theta = \pm \sqrt{2ml^2 (E + mgl \cos \theta)}$$

If $E < mgl$, the motion is confined between $-\theta_m$ & θ_m , where $\cos \theta_m = -\frac{E}{mgl}$
 $\uparrow$ libration
 $\uparrow$
 $p_{\theta_m} = 0$

If $E > mgl$, all values of θ are allowed $\rightarrow$ rotation



Now, introduce action variable:

$$J = \oint p dq$$

$\hookrightarrow$ over a period, definite J

$$J = \oint dq p(q, \alpha_1) = F(\alpha_1) \quad [J] = \text{ang. momentum}$$

$\hookrightarrow$ some f'n

$$\text{Invert: } \alpha_1 = F^{-1}(J)$$

$$\text{But } H = \alpha_1 \Rightarrow F^{-1}(J) = H(J) = \alpha_1$$

$$\text{Then } W = W(q, J)$$

$\hookrightarrow$ instead of α_1

Then $\frac{\partial W}{\partial J} = \omega$ (1) ω is angle var (conjugate to J)

$$\dot{\omega} = \frac{\partial H(J)}{\partial J} = \nu(J) \Rightarrow \omega = \nu t + \beta$$

Could solve Eq. (1): $q = q(\omega, J)$
 $\downarrow \quad \nu t + \beta$
 $q = q(t)$

Instead, consider

$$\begin{aligned} \Delta \omega &\equiv \oint dq \frac{\partial \omega}{\partial q} = \oint dq \frac{\partial^2 W}{\partial q \partial J} = \\ &\text{change over a period} \\ &= \frac{d}{dJ} \oint dq \underbrace{\frac{\partial W}{\partial q}}_p = \frac{d}{dJ} \underbrace{\oint dq p}_J = 1 \end{aligned}$$

~~But $\beta \neq 0$~~

Then $\Delta \omega = \nu \underbrace{\Delta t}_{\tau \text{ here}}$
 $\downarrow$
 1

$$\nu = \frac{1}{\tau}$$

$\nu = \text{freq. of the periodic motion of } q$

Consider 1D HO :

$$J = \oint p dq = \oint dq \sqrt{2mE - m^2 \tilde{\omega}^2 q^2}$$

$$E = \frac{p^2}{2m} + \frac{m \tilde{\omega}^2 q^2}{2}$$

Substitute $q = \sqrt{\frac{2E}{m\tilde{\omega}^2}} \sin \theta$:

$$\begin{aligned} J &= \oint dq \sqrt{2mE - \frac{m^2 \tilde{\omega}^2}{m\tilde{\omega}^2} 2E \sin^2 \theta} = \\ &= \oint dq \sqrt{2mE} \cos \theta = \frac{2E}{\tilde{\omega}} \underbrace{\int_0^{2\pi} d\theta \cos^2 \theta}_{\pi} = \frac{2\pi E}{\tilde{\omega}} \\ dq &= \sqrt{\frac{2E}{m\tilde{\omega}^2}} \cos \theta d\theta \\ \langle \cos^2 \theta \rangle &= \frac{\int_0^{2\pi} d\theta \cos^2 \theta}{2\pi} = \frac{1}{2} \end{aligned}$$

← one cycle in θ

Then $E \equiv H = \frac{J\tilde{\omega}}{2\pi}$

$$\nu(J) = \frac{\partial H}{\partial J} = \frac{\tilde{\omega}}{2\pi} = \frac{1}{2\pi} \sqrt{\frac{k}{m}} \Rightarrow \tilde{\omega} = 2\pi\nu$$

linear frequency of a linear HO [obtained w/out solving EoM]

Finally, recall that

Canon. transform from (J, φ) to (p, q)

$$\begin{aligned} q(t) &= \sqrt{\frac{2E}{m\tilde{\omega}^2}} \sin(\tilde{\omega}t + \beta) = \sqrt{\frac{2J\tilde{\omega}}{2\pi\tilde{\omega}^2 m}} \sin(2\pi\nu t + \beta') = \\ &= \sqrt{\frac{J}{\pi m\tilde{\omega}}} \sin(2\pi\nu t + \beta') \\ \text{Likewise, } p(t) &= \sqrt{\frac{mJ\tilde{\omega}}{2\pi}} \cos(2\pi\nu t + \beta') \end{aligned}$$

"m q(t)" "2πν"