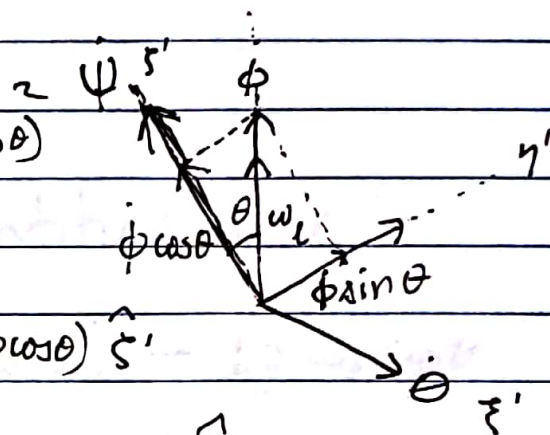


Ch 5, Prob 28

Choose the z axis to line with $\vec{\omega}_L$, and use Euler angles

$$T = \frac{1}{2} I_1 (\dot{\theta}^2 + \dot{\phi}^2 \sin^2 \theta) + \frac{1}{2} I_3 (\dot{\psi} + \dot{\phi} \cos \theta)^2$$



$$\vec{\omega} = \dot{\theta} \hat{\xi}' + \dot{\phi} \sin \theta \hat{\eta}' + (\dot{\psi} + \dot{\phi} \cos \theta) \hat{\zeta}'$$

$$\vec{L} = I_1 (\dot{\theta} \hat{\xi}' + \dot{\phi} \sin \theta \hat{\eta}') + I_3 (\dot{\psi} + \dot{\phi} \cos \theta) \hat{\zeta}'$$

$$\vec{\omega}_L = \omega_L (\sin \theta \hat{\eta}' + \cos \theta \hat{\zeta}')$$

$$\text{So } \vec{\omega}_L \cdot \vec{L} = \omega_L \left[I_1 \dot{\phi} \sin^2 \theta + I_3 (\dot{\psi} + \dot{\phi} \cos \theta) \cos \theta \right]$$

The Lagrangian $L = T - \vec{\omega}_L \cdot \vec{L}$ has no explicit dependence on time, ψ or ϕ . The first conserved quantity is therefore the

$$\text{Hamiltonian } h = p_i \dot{q}_i - L = \frac{\partial L}{\partial \dot{q}_i} \dot{q}_i - L$$

(using summation convention)

Note that $\vec{\omega} \cdot \vec{L}$ is linear in $\dot{q}_i$ and such terms get cancelled between $\frac{\partial L}{\partial \dot{q}_i} \dot{q}_i$ and L .

Only terms that contribute to T

$$h = \frac{\partial \mathcal{L}}{\partial \dot{q}_i} \dot{q}_i - \mathcal{L} = (2T - \vec{\omega}_e \cdot \vec{L}) - (T - \vec{\omega}_e \cdot \vec{L}) = T$$

which is conserved.

Other two conserved quantities are:

$$\begin{aligned} p_\psi &= \frac{\partial \mathcal{L}}{\partial \dot{\psi}} = I_3 (\dot{\psi} + \dot{\phi} \cos \theta) - I_3 \omega_e \cos \theta \\ &= I_3 [\dot{\psi} + (\dot{\phi} - \omega_e) \cos \theta] \end{aligned}$$

$$\begin{aligned} p_\phi &= \frac{\partial \mathcal{L}}{\partial \dot{\phi}} = I_1 \dot{\phi} \sin^2 \theta + I_3 (\dot{\psi} + \dot{\phi} \cos \theta) \cos \theta \\ &\quad - I_1 \omega_e \sin^2 \theta - I_3 \omega_e \cos^2 \theta \\ &= I_1 (\dot{\phi} - \omega_e) \sin^2 \theta + I_3 [\dot{\psi} + (\dot{\phi} - \omega_e) \cos \theta] \cos \theta \end{aligned}$$

Note that p_ϕ, p_ψ are essentially the same expression as $\omega_e = 0$ but with $\dot{\phi} \rightarrow \dot{\phi} - \omega_e$

Using that we ^{can} rewrite the Lagrangian this way.

$$\begin{aligned} \mathcal{L} &= \frac{1}{2} I_1 [\dot{\theta}^2 + (\dot{\phi} - \omega_e)^2 \sin^2 \theta] + \frac{1}{2} I_3 [\dot{\psi} + (\dot{\phi} - \omega_e) \cos \theta]^2 \\ &\quad - \frac{1}{2} I_1 \omega_e^2 \sin^2 \theta - \frac{1}{2} I_3 \omega_e^2 \cos^2 \theta \end{aligned}$$

Essentially we can go to rotating frame around z axis, with $\tilde{\phi} = \phi - \omega_e t$

$$\begin{aligned} L &= \frac{1}{2} I_1 (\dot{\theta}^2 + \dot{\tilde{\phi}}^2 \sin^2 \theta) + \frac{1}{2} I_3 (\dot{\psi} + \dot{\tilde{\phi}} \cos \theta)^2 \\ &\quad - \frac{1}{2} I_1 \omega_e^2 (1 - \cos^2 \theta) - \frac{1}{2} I_3 \omega_e^2 \cos \theta \\ &= \frac{1}{2} I_1 (\dot{\theta}^2 + \dot{\tilde{\phi}}^2 \sin^2 \theta) + \frac{1}{2} I_3 (\dot{\psi} + \dot{\tilde{\phi}} \cos \theta)^2 \\ &\quad + \frac{1}{2} (I_1 - I_3) \omega_e^2 \cos^2 \theta - \frac{1}{2} I_1 \omega_e^2 \quad (\text{const}) \end{aligned}$$

$\frac{1}{2} (I_1 - I_3) \omega_e^2 \cos^2 \theta$ ~~replaces~~ replaces the term due to gravity.

Now let us play the same game as for the heavy top.

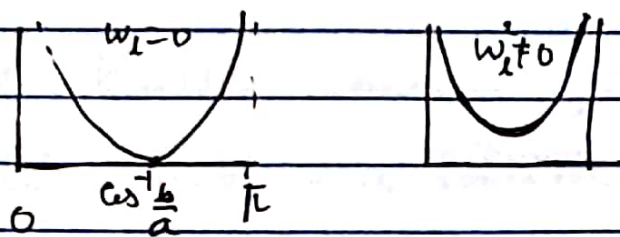
$$p_\psi = I_3 \dot{\psi} + \tilde{\phi} \cos \theta = I_3 a, \quad p_{\tilde{\phi}} = I_1 \dot{\tilde{\phi}} \sin^2 \theta + I_3 (\dot{\psi} + \tilde{\phi} \cos \theta) \cos \theta = I_1 b$$

~~call~~ call $\dot{\psi} + \tilde{\phi} \cos \theta = \tilde{\omega}_3$. Note that $\dot{\tilde{\phi}} = \frac{b - a \cos \theta}{\sin^2 \theta}$

$$\begin{aligned} E' &= E - \frac{1}{2} I_3 \tilde{\omega}_3^2 - \frac{1}{2} I_1 \omega_e^2 \\ &= \frac{1}{2} I_1 \left[\dot{\theta}^2 + \left(\frac{b - a \cos \theta}{\sin^2 \theta} \right)^2 \right] + \frac{1}{2} (I_1 - I_3) \omega_e^2 \cos^2 \theta \end{aligned}$$

Let us look at the effective potential in the limit $a, b \gg \omega_e$

$$V_{\text{eff}}(\theta) = \frac{1}{2} I_1 \frac{(b - a \cos \theta)^2}{\sin^2 \theta} + \frac{1}{2} (I_1 - I_3) \omega_e^2 \cos^2 \theta$$



$V_{\text{eff}}(\theta)$ minimizes at θ_{eq} $\left. \frac{dV(\theta)}{d\theta} \right|_{\theta=\theta_{\text{eq}}} = 0$

$$\dot{\phi} = \frac{b - a \cos \theta_{\text{eq}}}{\sin^2 \theta_{\text{eq}}}$$

Also nutation freq $\left| \frac{1}{T} \frac{d^2 V(\theta)}{d\theta^2} \right|_{\theta=\theta_{\text{eq}}}$

At $\omega_L = 0$ $b - a \cos \theta_{\text{eq}} = 0$

$$\frac{d^2 V(\theta)}{d\theta^2} = \frac{I_1}{I_1} \left(\frac{a \sin \theta}{\sin^3 \theta} + (b - a \cos \theta) + o(\omega_L^2) \right)$$

To lead order, nutation frequency is a .

So precession $\dot{\phi} = \omega_L + \dot{\phi}$
 $= \omega_L + o(\omega_L^2)$

The spin around the figure axis is Ω , say. $\tilde{\omega}_3 \approx \Omega$.

$$a = \frac{I_3 \tilde{\omega}_3}{I_1} = \frac{I_3 \Omega}{I_1} = \text{nutation freq.} \\ \text{to leading order.}$$

The kinetic energy is conserved,
 So all this oscillation comes from
 different modes of rotation exchanging
 energies.

Ch 6, Prob 6a

$$K.E. = \frac{1}{2}m(\dot{\eta}_1^2 + \dot{\eta}_5^2 + \dot{\eta}_3^2) + \frac{1}{2}M(\dot{\eta}_2^2 + \dot{\eta}_4^2)$$

$$P.E. = \frac{1}{2}K \left[\cancel{(\eta_1 - \eta_2)^2} + (\eta_1 - \eta_2)^2 + (\eta_2 - \eta_3)^2 + (\eta_3 - \eta_4)^2 + (\eta_4 - \eta_5)^2 \right]$$

$$= \frac{K}{2} \left[\eta_1^2 + \eta_5^2 - 2(\eta_1\eta_2 + \eta_5\eta_4) + 2(\eta_2^2 + \eta_4^2) - 2(\eta_2 + \eta_4)\eta_3 + 2\eta_3^2 \right]$$

Define $\eta_3 = \xi_3$, $\eta_1 = \frac{\xi_1 + \xi_5}{\sqrt{2}}$, $\eta_5 = \frac{\xi_1 - \xi_5}{\sqrt{2}}$, $\eta_2 = \frac{\xi_2 + \xi_4}{\sqrt{2}}$, $\eta_4 = \frac{\xi_2 - \xi_4}{\sqrt{2}}$

Using these,

$$K.E. = \frac{m}{2}(\dot{\xi}_1^2 + \dot{\xi}_5^2 + \dot{\xi}_3^2) + \frac{M}{2}(\dot{\xi}_2^2 + \dot{\xi}_4^2)$$

$$P.E. = \frac{K}{2} \left[\xi_1^2 + \xi_5^2 - 2(\xi_1\xi_2 + \xi_4\xi_5) + 2(\xi_2^2 + \xi_4^2) - 2\sqrt{2}\xi_2\xi_3 + 2\xi_3^2 \right]$$

Notice that Lagrangian breaks up in two decoupled parts

$$\mathcal{L} = \left[\begin{aligned} & \frac{m}{2} (\dot{S}_1^2 + \dot{S}_3^2) + \frac{M}{2} \dot{S}_2^2 \\ & - \frac{k}{2} \left\{ S_1^2 - 2S_1 S_2 + S_2^2 - 2\sqrt{2} S_2 S_3 + S_3^2 \right\} \end{aligned} \right] \quad \leftarrow \mathcal{L}_S \text{ (Symmetric deformation)}$$

$$+ \left[\begin{aligned} & \frac{M}{2} \dot{S}_4^2 + \frac{m}{2} \dot{S}_5^2 \\ & - \frac{k}{2} \left\{ 2S_4^2 - 2S_4 S_5 + S_5^2 \right\} \end{aligned} \right] \quad \leftarrow \mathcal{L}_A \text{ (Antisymmetric deformation)}$$

We could deal with each part separately.

Define $y_1 = \sqrt{m} S_1, y_2 = \sqrt{m} S_3$

$y_4 = \sqrt{M} S_4, y_5 = \sqrt{m} S_5$

$$\mathcal{L}_S = \frac{1}{2} (\dot{y}_1^2 + \dot{y}_2^2 + \dot{y}_3^2) - \frac{k}{2m} \left\{ y_1^2 + \frac{2M}{m} y_2^2 + 2y_3^2 - 2\sqrt{\frac{m}{M}} (y_1 + \sqrt{2} y_3) y_2 \right\}$$

$$\mathcal{L}_A = \frac{1}{2} (\dot{y}_4^2 + \dot{y}_5^2) - \frac{k}{2m} \left(2\frac{m}{M} y_4^2 + y_5^2 - 2\sqrt{\frac{m}{M}} y_4 y_5 \right)$$

To get the eigen frequencies and the eigen normal modes

Symmetric sector:

diagonalize

$$\begin{pmatrix} 1 - \frac{\sqrt{m}}{M} & 0 \\ -\frac{\sqrt{m}}{M} & \frac{2m}{M} - \sqrt{\frac{2m}{M}} \\ 0 & -\sqrt{\frac{2m}{M}} & 2 \end{pmatrix}$$

It is going to have one zero eigenvalue

the corresponding eigen vector is

$$\begin{pmatrix} \sqrt{\frac{m}{M}} \\ 1 \\ \sqrt{\frac{2m}{M}} \end{pmatrix}$$

$$\begin{pmatrix} \sqrt{\frac{m}{M}} \\ 1 \\ \sqrt{\frac{2m}{M}} \end{pmatrix}$$

$$\begin{vmatrix} 1-\lambda & -\frac{\sqrt{m}}{M} & 0 \\ -\frac{\sqrt{m}}{M} & \left(\frac{2m}{M}-\lambda\right) & -\sqrt{\frac{2m}{M}} \\ 0 & -\sqrt{\frac{2m}{M}} & (2-\lambda) \end{vmatrix} = (1-\lambda) \left\{ \left(\frac{2m}{M}-\lambda\right)(2-\lambda) - \frac{2m}{M} \right\} - \sqrt{\frac{m}{M}} \left(-\frac{\sqrt{m}}{M}\right)(2-\lambda)$$

$$= (\lambda-1) \left[\lambda^2 - 2\left(1+\frac{m}{M}\right)\lambda + \frac{2m}{M} \right] - \frac{m}{M}(\lambda-2)$$

$$= \lambda^3 - \lambda^2 - 2\left(1+\frac{m}{M}\right)\lambda^2 + 2\left(1+\frac{m}{M}\right)\lambda + \frac{2m}{M}\lambda - \frac{m}{M}\lambda + \frac{2m}{M}$$

$$= \lambda \left[\lambda^2 - \left(3 + \frac{2m}{M}\right)\lambda + \left(2 + \frac{3m}{M}\right) \right]$$

The eigenvalues are $\lambda = 0, \frac{3 + \frac{2m}{M} \pm \sqrt{\left(3 + \frac{2m}{M}\right)^2 - 4\left(2 + \frac{3m}{M}\right)}}{2}$

The eigenfrequencies are $\omega = 0, \left(\frac{3}{2} + \frac{m}{M}\right) \pm \frac{1}{2} \sqrt{1 + \frac{4m^2}{M^2}}$ given by $\omega = \lambda \frac{k}{m}$

So $\omega^2 = 0, \frac{k}{m} \left[\frac{3}{2} + \frac{m}{M} \pm \frac{1}{2} \sqrt{1 + \frac{4m^2}{M^2}} \right]$

One can find the other eigenvectors. It may be less work to use the frequencies and get the ~~eigen~~ normal modes ~~vectors~~ directly just using the symmetries.

In the antisymmetric sector:

diagonalize

$$\begin{pmatrix} \frac{2m}{M} & \frac{\sqrt{m}}{\sqrt{M}} \\ -\frac{\sqrt{m}}{\sqrt{M}} & 1 \end{pmatrix}$$

$$\begin{vmatrix} \frac{2m}{M} - \lambda & \frac{\sqrt{m}}{\sqrt{M}} \\ \frac{\sqrt{m}}{\sqrt{M}} & 1 - \lambda \end{vmatrix} = (\lambda - 1) \left(\lambda - \frac{2m}{M} \right) - \frac{m}{M}$$

$$= \lambda^2 - \left(1 + \frac{2m}{M} \right) \lambda + \frac{m}{M}$$

$$\lambda = \frac{1 + \frac{2m}{M} \pm \sqrt{\left(1 + \frac{2m}{M} \right)^2 - \frac{4m}{M}}}{2}$$

$$\omega^2 = \frac{k}{m} \left[\frac{1}{2} + \frac{1}{M} - \frac{1}{2} \sqrt{1 + \frac{4m^2}{M^2}} \right]$$

Corresponding eigenfrequencies are $\omega^2 = \lambda \frac{k}{m}$

To get the normal modes we go back to

$$\underline{V} \underline{a} = \omega^2 \underline{T} \underline{a}$$

$$\underline{V} = \begin{pmatrix} k & -k & & \\ -k & k & -k & \\ & -k & k & -k \\ & & -k & k & -k \\ & & & -k & k \end{pmatrix} \quad \underline{T} = \begin{pmatrix} m & & & \\ & M & & \\ & & m & \\ & & & M & \\ & & & & m \end{pmatrix}$$

For the symmetric sector ω 's try

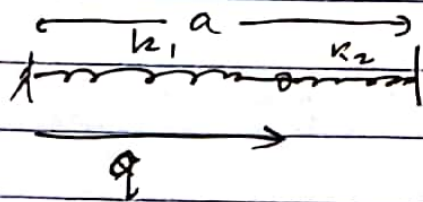
$$\underline{a} = \begin{pmatrix} \alpha \\ \beta \\ \gamma \\ \beta \\ \alpha \end{pmatrix} \Rightarrow 3 \text{ by } 3 \text{ problem}$$

For the antisymmetric sector ω 's try

$$\underline{a} = \begin{pmatrix} \alpha \\ \beta \\ 0 \\ -\beta \\ -\alpha \end{pmatrix} \Rightarrow 2 \text{ by } 2 \text{ problems}$$

The expressions are messy but can be worked out.

Ch. 8 Prob 26



$$a) \mathcal{L} = \frac{1}{2} m \dot{q}^2 - \frac{1}{2} k_1 q^2 - \frac{1}{2} k_2 (q-a)^2 \Rightarrow p = \frac{\partial \mathcal{L}}{\partial \dot{q}} = m \dot{q}$$

$$H = \frac{p^2}{2m} + \frac{1}{2} k_1 q^2 + \frac{1}{2} k_2 (q-a)^2$$

Since there is no explicit time dependence
Energy / Hamiltonian is conserved.

$$b) q = Q + b \sin \omega t$$

$$\mathcal{L} = \frac{1}{2} m (\dot{Q} + b \omega \cos \omega t)^2 - \frac{1}{2} k_1 (Q + b \sin \omega t)^2 - \frac{1}{2} k_2 (Q + b \sin \omega t - a)^2$$

$$\cancel{\mathcal{L}} \quad p = \cancel{m} (\dot{Q} + b \omega \cos \omega t) = m \dot{Q} = p$$

$$\mathcal{H}_2 = p \dot{Q} - \cancel{\mathcal{L}} = \frac{1}{m} p (p - m b \omega \cos \omega t) - \frac{p^2}{2m} + \frac{1}{2} k_1 (Q + b \sin \omega t)^2 + \frac{1}{2} k_2 (Q + b \sin \omega t - a)^2$$

$$= \frac{p^2}{2m} + \frac{1}{2} k_1 (Q + b \sin \omega t)^2 + \frac{1}{2} k_2 (Q + b \sin \omega t - a)^2$$

$$- p b \omega \cos \omega t$$

$$= \frac{p^2}{2m} + \frac{1}{2} k_1 q^2 + \frac{1}{2} k_2 (q-a)^2 - p b \omega \cos \omega t$$

$$= H - p b \omega \cos \omega t$$

This additional term spoils conservation of $\mathcal{H}_2$.

Ch 9. Prob 6.

$$Q = \log(1 + q^{1/2} \cos p)$$

$$P = 2(1 + q^{1/2} \cos p) q^{1/2} \sin p$$

a) One way to check canonical nature would be to see that

$$[Q, P] = 1$$

Calculate

$$[Q, P] = \frac{\partial Q}{\partial q} \frac{\partial P}{\partial p} - \frac{\partial Q}{\partial p} \frac{\partial P}{\partial q}$$

$$= \frac{1}{1 + q^{1/2} \cos p} \cdot \frac{1}{2} q^{-1/2} \cos p \left\{ 2 q^{1/2} (\sin p) q^{1/2} \sin p + 2(1 + q^{1/2} \cos p) q^{1/2} \cos p \right\}$$

$$- \frac{1}{1 + q^{1/2} \cos p} q^{1/2} (-\sin p) \left\{ 2 \cdot \frac{1}{2} q^{1/2} \cos p q^{1/2} \sin p + 2(1 + q^{1/2} \cos p) \frac{1}{2} q^{1/2} \sin p \right\}$$

$$= \frac{1}{1 + q^{1/2} \cos p} \left[\cancel{\cos p} \left\{ -q^{1/2} \sin^2 p + (1 + q^{1/2} \cos p) \cos p \right\} + \sin p \left\{ q^{1/2} \cos p \sin p + (1 + q^{1/2} \cos p) \sin p \right\} \right]$$

$$= \frac{1}{1 + q^{1/2} \cos p} \left[(1 + q^{1/2} \cos p) (\cos^2 p + \sin^2 p) \right] = 1$$

[Q.E.D.]

$$b) \quad \frac{\partial F_3}{\partial p} = -q \quad \frac{\partial F_3}{\partial Q} = -p$$

$$F_3 = -(e^Q - 1)^2 \tan p$$

$$q = -\frac{\partial F_3}{\partial p} = (e^Q - 1)^2 \sec^2 p$$

$$\Rightarrow q \cos^2 p = (e^Q - 1)^2$$

$$\Rightarrow e^Q = 1 + q^{1/2} \cos p$$

$$\Rightarrow \boxed{Q = \log(1 + q^{1/2} \cos p)}$$

$$p = -\frac{\partial F_3}{\partial Q} = 2e^Q(e^Q - 1) \tan p$$

$$= 2(1 + q^{1/2} \cos p) q^{1/2} \cos p \tan p$$

$$= 2(1 + q^{1/2} \cos p) q^{1/2} \sin p$$

$$\boxed{QED}$$