### DO WE KNOW IF OUR UNIVERSE IS STABLE?

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Based on arXiv:1408.0287 (PRD 91) and arXiv:1408.0292 (PRL 113) with Anders Andreassen and William Frost

### July 4, 2012: Higgs boson discovered!





### What did we learn?

### **The Standard Model**

#### 1980-2012

2012 -- ??





# What is the Higgs field?

- The Higgs field h(x) pervades all space
- The Higgs field h(x) has charge under the weak force
  - If <h> = 0 space is not empty it has weak charge too
- The Higgs field h(x) has a potential



What do we know about this potential?

Classical potential:  $V(h) = \Lambda + m^2 h^2 + \lambda h^4$ 

- 3 free parameters ( $\Lambda$ , m  $\lambda$ )
  - Must be measured from data



Classical potential:  $V(h) = \Lambda + m^2 h^2 + \lambda h^4$ 

- 3 free parameters ( $\Lambda$ , m,  $\lambda$ )
  - Must be measured from data



Why are the values of  $\Lambda$ , m,  $\lambda$  in nature **interesting**?

1. Fine tuning

2. Vacuum stability

### 1. Fine tuning



Classical potential:  $V(h) = \Lambda + m^2 h^2 + \lambda h^4$ 

- 3 free parameters ( $\Lambda$ , m  $\lambda$ )
  - Must be measured from data  $\checkmark$
- Only 3 free parameters
  - Quantum Field Theory determines V(h) for arbitrarily large h
  - Called the quantum-corrected or Effective Potential



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### Fine tuning





#### Absolute stability or metastability depends on Higgs and top masses



From Degrassi et al (arXiv:1205.6497)

#### Absolute stability or metastability depends on Higgs and Top masses



This is now precision Standard Model physics. Is it correct?

#### Standard Model Effective Potential



Are these scales physical?

### How do we compute V<sub>eff</sub>?



Classical potential:  $V(h) = \Lambda + m^2 h^2 + \lambda h^4$ 

- Renormalizable
- Three parameters ( $\Lambda$ , m<sup>2</sup> and  $\lambda$ ), measured from data

How can the quantum-corrected potential be computed?

# How do we compute $V_{\text{eff}}$ ? Method 1: $\int \mathcal{D}H e_{f}^{i\Gamma} \equiv \int \mathcal{D}H \mathcal{D}\psi \cdots \mathcal{D}A e^{iS}$ Effective Action $\Gamma = \int d^{4}x \left\{ -Z[H]H\Box H - V_{\text{eff}}(H) + \cdots \right\}$ Problems:

- Generally non-local (has nasty things like  $\ln \frac{1 + \Box/m_t^2}{H^2}$  in it)
- Nearly impossible to compute
- Can't include loops of H itself this way

If we integrate over everything, effective action is just a number

$$e^{i\Gamma} = \int \mathcal{D}H \cdots \mathcal{D}Ae^{iS}$$

OK if  $Hpprox \langle H
angle$ 

#### Method 2: Legendre transform



• Agrees with method 1 in perturbation theory

What do you get?  

$$V_{\text{eff}} = \frac{1}{4}\lambda h^4 - m^2 h^2$$

$$+ h^4 \frac{1}{2048\pi^2} \Big[ -5g_1^4 + 6(g_1^2 + g_2^2)^2 \ln \frac{h^2(g_1^2 + g_2^2)}{4\mu^2} - 10g_1^2g_2^2 - 15g_2^4 + 12g_2^4 \ln \frac{g_2^2h^2}{4\mu^2} + 144y_t^4 - 96y_t^4 \ln \frac{y_t^2h^2}{2\mu^2} \Big]$$

$$= \frac{-1}{256\pi^2} \Big[ \xi_B g_1^2 \Big( \ln \frac{\lambda h^4(\xi_B g_1^2 + \xi_W g_2^2)}{4\mu^4} - 3 \Big) + \xi_W g_2^2 \Big( \ln \frac{\lambda^3 h^{12}\xi_W^2 g_2^4(\xi_B g_1^2 + \xi_W g_2^2)}{64\mu^{12}} - 9 \Big) \Big] \lambda h^4$$

$$+ \cdots$$





## 1. Gauge-dependence

**Method 1** to compute  $\Gamma$  is gauge-invariant:

$$\int \mathcal{D}He^{i\Gamma} \equiv \int \mathcal{D}H \underbrace{\mathcal{D}\psi\cdots\mathcal{D}Ae^{iS}}_{}$$

Completely integrate over gauge-orbits

Action/energy at minimum also gauge-invariant:  $e^{i\Gamma} = \int \mathcal{D}H \cdots \mathcal{D}Ae^{iS}$ 

Method 2 to compute  $\Gamma$  introduces a charged source J

$$e^{W[J]} \equiv \int \mathcal{D}H \cdots \mathcal{D}Ae^{i \int d^4x \{\mathcal{L}+JH\}}$$
  

$$\frac{\Gamma}{\delta \Gamma} = W - HJ$$
• Action away from minimum has current present  
• Action at minimum has no current, should be gauge-invariant

Encoded in Nielsen identity 
$$\left[\xi \frac{\partial}{\partial \xi} + C(h,\xi) \frac{\partial}{\partial h}\right] V_{\rm eff}(h,\xi) = 0$$

### Potential at minimum indep. of rescaling



• Rescaling field leaves V<sub>min</sub> unchanged

Nielsen identity

$$\left[\xi\frac{\partial}{\partial\xi} + C(h,\xi)\frac{\partial}{\partial h}\right]V_{\rm eff}(h,\xi) = 0$$

### But is it?



 $(-V_{\min})^{1/4}$  appears linearly-dependent on gauge parameter  $\xi$ 

### What about field values?



# 2. Large Logarithms

Can be resummed with RGE:

Explicit 
$$\mu$$
 dependence 
$$\left(\mu \frac{\partial}{\partial \mu} + \beta_i \frac{\partial}{\partial g_i} - \gamma h \frac{\partial}{\partial h}\right) V_{\text{eff}} = 0$$
compensated for by rescaling couplings and fields

- Same RGE as 1PI Green's functions or off-shell matrix elements
- Observables/S-matrix elements satisfy simpler RGE:

$$\left(\mu\frac{\partial}{\mu} + \beta_i\frac{\partial}{\partial g_i}\right)\sigma = 0$$

• Field-rescaling term canceled by LSZ wavefunction Z-factors

Effective potential depends on the normalization of fields??!!

### **Resum logarithms**

1. Compute V<sub>eff</sub> to fixed order (say 2-loops) at scale (say)  $\mu_0 \sim 100 \text{ GeV}$ 

2. Solve RGE 
$$\left(\mu \frac{\partial}{\partial \mu} + \beta_i \frac{\partial}{\partial g_i} - \gamma h \frac{\partial}{\partial h}\right) V_{\text{eff}} = 0$$

$$\begin{split} V_{\mathrm{eff}}(h,g_i,\mu) &\to V_{\mathrm{eff}}(e^{\Gamma(\mu_0,\mu)}h,g_i(\mu),\mu) \\ & \swarrow \\ \Gamma(\mu_0,\mu) \equiv \int_{\mu_0}^{\mu} \gamma(\mu')d\ln\mu' \end{split}$$
3. Set  $\mu \sim h$ 

$$V_{\text{eff}}(h,\mu_0) = V_{\text{eff}}(e^{\Gamma(\mu_0,h)}h, g_i(h), h)$$

Potential depends on scale  $\mu_0$  where it is calculated??!!

$$\left(\frac{\partial}{\partial\mu_0} - \gamma h \frac{\partial}{\partial h}\right) V(h,\mu_0) = 0$$

### Potential at minimum



Nielsen identity (gauge invariance)

$$\left[\xi \frac{\partial}{\partial \xi} + C(h,\xi) \frac{\partial}{\partial h}\right] V_{\text{eff}}(h,\xi) = 0$$

Calculation-scale invariance

$$\left(\frac{\partial}{\partial\mu_0} - \gamma h \frac{\partial}{\partial h}\right) V(h,\mu_0) = 0$$

 $V_{min}$  should be gauge invariant and independent of how it is calculated

## Even gauge-invariant $\Gamma$ is unphysical

Even if we source a gauge-invariant field  $e^{W[J]} \equiv \int \mathcal{D}H \cdots \mathcal{D}Ae^{i\int d^4x \{\mathcal{L}+JH\}}$ 

$$e^{W[J]} \equiv \int \mathcal{D}H \cdots \mathcal{D}Ae^{i \int d^{4}x \{\mathcal{L}+JH^{\dagger}H\}} \\ e^{W[J]} \equiv \int \mathcal{D}H \cdots \mathcal{D}Ae^{i \int d^{4}x \{\mathcal{L}+J|H|\}} \\ \int \Gamma(\mathsf{h}) \text{ is now gauge-invariant}$$

Effective potential still depends on how it is calculated

$$\left(\frac{\partial}{\partial\mu_0} - \gamma h \frac{\partial}{\partial h}\right) V(h,\mu_0) = 0$$

- This is OK.
- Off-shell quantities can be unphysical

#### Observables should be physical

- S-matrix elements
- Vacuum energy (V<sub>min</sub>)
- Tunnelling rates
- Critical temperature

#### But are they?

#### What about field values?

Instability scale? Inflation scale? Planck/new physics sensitivity?

Are these questions about observables?

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# SCALAR QED

### Scalar QED

QED  

$$\mathcal{L} = -\frac{1}{4}F_{\mu\nu}^{2} + \frac{1}{2}|D_{\mu}\phi|^{2} - V(\phi)$$

$$\mathcal{V}_{0}(\phi) = \frac{\lambda}{24}\phi^{4}$$

• mass term gives small corrections, so we drop it

1-loop potential in  $R_{\xi}$  gauges:

$$V_{1}(\phi) = \phi^{4} \frac{\hbar}{16\pi^{2}} \left[ \frac{3}{4} e^{4} \left( \ln \frac{e^{2} \phi^{2}}{\mu^{2}} - \frac{5}{6} \right) + \frac{\lambda^{2}}{16} \left( \ln \frac{\lambda \phi^{2}}{2\mu^{2}} - \frac{3}{2} \right) \\ + \left( \frac{\lambda^{2}}{144} - \frac{1}{12} e^{2} \lambda \xi \right) \left( \ln \frac{\phi^{2}}{\mu^{2}} - \frac{3}{2} \right) + \frac{1}{4} K_{+}^{4} \ln K_{+}^{2} + \frac{1}{4} K_{-}^{4} \ln K_{-}^{2} \right] \\ K_{\pm}^{2} = \frac{1}{12} \left( \lambda \pm \sqrt{\lambda^{2} - 24\lambda e^{2} \xi} \right)$$
  
• Not gauge-invariant  
• For most values of e and  $\lambda$ , there is no minimum  
• When  $\lambda \approx \frac{e^{4}}{16\pi^{2}} \Rightarrow V_{0} \approx V_{1}$   
• And....  $V_{\min}$  depends on  $\xi$   
Spontaneous symmetry breaking

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When is 
$$\lambda \approx \frac{e^4}{16\pi^2}$$
 ?

Solve RGEs:

$$\beta_e = \frac{n}{16\pi^2} \left(\frac{c}{3}\right) + \cdots$$
$$\beta_\lambda = \frac{\hbar}{16\pi^2} \left(36e^4 - 12e^2\lambda + \frac{10\lambda^2}{3}\right)$$

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 $\left( \rho^{3} \right)$ 

$$e^{2}(\mu) = \frac{e^{2}(\mu_{0})}{1 - \frac{e^{2}(\mu_{0})}{24\pi^{2}} \ln \frac{\mu}{\mu_{0}}}$$
$$\lambda(\mu) = \frac{e^{2}(\mu)}{10} \left[ 19 + \sqrt{719} \tan\left(\frac{\sqrt{719}}{2} \ln \frac{e(\mu)^{2}}{C}\right) \right]$$



- e runs relatively slowly
- For any e,  $\lambda$  runs through all values
- There is always a scale  $\mu_X$  where

$$\lambda(\mu_X) \approx \frac{e(\mu_X)^4}{16\pi^2}$$

- Near this scale,  $V_{\text{eff}}$  is pertubative

### Proper loop expansion

$$V_{0}(\phi) = \frac{\lambda}{24}\phi^{4}$$

$$V_{1}(\phi) = \phi^{4}\frac{\hbar}{16\pi^{2}} \left[ \frac{3}{4}e^{4} \left( \ln \frac{e^{2}\phi^{2}}{\mu^{2}} - \frac{5}{6} \right) + \frac{\lambda^{2}}{16} \left( \ln \frac{\lambda\phi^{2}}{2\mu^{2}} - \frac{3}{2} \right) + \frac{1}{4}K_{+}^{4} \ln K_{+}^{2} + \frac{1}{4}K_{-}^{4} \ln K^{2} \right] + \left( \frac{\lambda^{2}}{144} - \frac{1}{12}e^{2}\lambda\xi \right) \left( \ln \frac{\phi^{2}}{\mu^{2}} - \frac{3}{2} \right) + \frac{1}{4}K_{+}^{4} \ln K_{+}^{2} + \frac{1}{4}K_{-}^{4} \ln K^{2} \right]$$

$$K_{\pm}^{2} = \frac{1}{12} \left( \lambda \pm \sqrt{\lambda^{2} - 24\lambda e^{2}\xi} \right)$$
Comparable when
$$\lambda \approx \hbar \frac{e^{4}}{16\pi^{2}}$$
Then V0 and V1
of order  $\hbar$ 

These terms all have extra  $\hbar$  suppression

Expanding in  $\hbar$  with  $\lambda \sim \hbar$ 

order  $\hbar$ :  $V^{\text{LO}} = \frac{\lambda}{24}\phi^4 + \frac{\hbar e^4}{16\pi^2}\phi^4 \left(-\frac{5}{8} + \frac{3}{2}\ln\frac{e\phi}{\mu}\right) \longrightarrow V^{\text{LO}}_{\text{min}} = -\frac{3}{128\pi^2}e^4\langle\phi\rangle^4$ 

order 
$$\hbar^2$$
:  $V^{\text{NLO}} = \frac{\hbar e^2 \lambda}{16\pi^2} \phi^4 \left( \frac{\xi}{8} - \frac{\xi}{24} \ln \frac{e^2 \lambda \xi \phi^4}{6\mu^4} \right) \longrightarrow V^{\text{NLO}}_{\text{min}} = \cdots$ 

Problem: higher-loop contributions also of order  $\hbar^2$ 

## 2-Loop potential in scalar QED

- Known in Landau gauge
- Some terms computed by Kang (1974), not in MS
- Some terms at order  $e^6\hbar^2$  unknown

We computed all the relevant 2-loop graphs:

$$\frac{2}{1} = \frac{\hbar^2 \phi^4 e^6}{(16\pi^2)^2} \left[ 12 \ln^2 \frac{e\phi}{\mu} + \left(8 - 3 \ln \frac{\lambda\xi}{6e^2}\right) \ln \frac{e\phi}{\mu} - \frac{5}{2} - \frac{\pi^2}{16} - \frac{3}{16} \ln^2 \frac{\lambda\xi}{6e^2} + \ln \frac{\lambda\xi}{6e^2} \right]$$

$$\frac{2}{1} = \frac{\hbar^2 \phi^4 e^6}{(16\pi^2)^2} \left[ (2 + 6\xi) \ln^2 \frac{e\phi}{\mu} - (3 + 7\xi) \ln \frac{e\phi}{\mu} + \frac{7}{4} + \frac{\pi^2}{8} + \frac{15}{4}\xi + \frac{3\pi^2}{8}\xi \right]$$

$$\frac{1}{1} = \frac{\hbar^2 \phi^4 e^6}{(16\pi^2)^2} \left[ (\frac{18 + 6\xi}{\mu}) \ln^2 \frac{e\phi}{\mu} - (21 + 7\xi) \ln \frac{e\phi}{\mu} + \frac{47}{4} + \frac{7\pi^2}{24} + \frac{15}{4}\xi + \frac{3\pi^2}{8}\xi \right]$$

$$\frac{2}{1} = \frac{\hbar^2 \phi^4 e^6}{(16\pi^2)^2} \left[ -12 \ln^2 \frac{e\phi}{\mu} + 14 \ln \frac{e\phi}{\mu} - \frac{15}{2} - \frac{3\pi^2}{4} \right]$$

Then the relevant part of the 2-loop potential is

$$V_{2} = \left(\frac{\hbar}{16\pi^{2}}\right)^{2} e^{6} \phi^{4} \left[ (10 - 6\xi) \ln^{2} \frac{e\phi}{\mu} + \left(-\frac{62}{3} + 4\xi - \frac{3}{2}\xi \ln \frac{\lambda\xi}{6e^{2}}\right) \ln \frac{e\phi}{\mu} + \xi \left(-\frac{1}{2} + \frac{1}{4}\ln \frac{\lambda\xi}{6e^{2}}\right) + \frac{71}{6} \right] + \cdots \text{ terms of order } \hbar^{3}$$

### Potential at minimum

$$V^{\text{LO}} = \frac{\lambda}{24}\phi^4 + \frac{\hbar e^4}{16\pi^2}\phi^4 \left(-\frac{5}{8} + \frac{3}{2}\ln\frac{e\phi}{\mu}\right) \qquad V^{\text{NLO}} = \frac{\hbar e^2\lambda}{16\pi^2}\phi^4 \left(\frac{\xi}{8} - \frac{\xi}{24}\ln\frac{e^2\lambda\xi\phi^4}{6\mu^4}\right) \\ + \frac{\hbar^2 e^6}{(16\pi^2)^2}\phi^4 \left[(10 - 6\xi)\ln^2\frac{e\phi}{\mu} + \left(-\frac{62}{3} + 4\xi - \frac{3}{2}\xi\ln\frac{\lambda\xi}{6e^2}\right)\ln\frac{e\phi}{\mu} + \xi\left(-\frac{1}{2} + \frac{1}{4}\ln\frac{\lambda\xi}{6e^2}\right) + \frac{71}{6}\right]$$

• Solve V'( $\phi$ =v) =0 for  $\lambda$ (v):

$$\lambda = \frac{\hbar e^4}{16\pi^2} \left( 6 - 36\ln\frac{ev}{\mu} \right) + \frac{\hbar e^6}{(16\pi^2)^2} \left\{ -160 - 24\xi + (376 + 90\xi)\ln\frac{ev}{\mu} - 240\ln^2\frac{ev}{\mu} + 9\xi\ln\left[\frac{\xi\hbar\mu^2}{16\pi^2v^2}\left(1 - 6\ln\frac{ev}{\mu}\right)\right] \right\}$$

• Plug in to V(v):

$$V_{\min} = v^4 \frac{e^4 \hbar}{16\pi^2} \left( -\frac{3}{8} \right) + v^4 \frac{e^6 \hbar^2}{(16\pi^2)^2} \frac{1}{12} \left\{ 62 - 9\xi + (-60 + 18\xi) \ln \frac{ev}{\mu} + \frac{9}{2}\xi \ln \left[ \frac{e^2 \xi \hbar}{16\pi^2} \left( 1 - 6\ln \frac{ev}{\mu} \right) \right] \right\}$$

Still gauge-dependent!

Problem :  $v = \langle \phi \rangle$  is gauge-dependent

Express  $V_{\text{min}}$  in terms of only other dimensionful scale:  $\mu$ 

# In terms of $\mu_X$

Define 
$$\mu_{\mathsf{X}}$$
 by  $\lambda(\mu_X) \equiv \frac{\hbar}{16\pi^2} e^4(\mu_X) \Big[ 6 - 36 \ln[e(\mu_X)] \Big]$ .

- Tree-level vev is  $v=\mu_X$ 
  - Exact (non-perturbative) definition of  $\mu_X$

Then, vev is:

$$v = \mu_X + \mu_X \frac{\hbar e^2}{16\pi^2} \left\{ -\frac{40}{9} + \frac{94}{9} \ln e - \frac{20}{3} \ln^2 e - \frac{\xi}{2} + \frac{3}{2} \xi \ln e + \frac{\xi}{4} \ln \left[ \frac{\xi \hbar}{16\pi^2} (1 - 6\ln e) \right] - \frac{1}{6} \xi + \xi \ln e \right\}$$

• gauge-dependent vev is OK – not physical

Potential at minimum is:

$$V_{\min} = \frac{e^4\hbar}{16\pi^2}\mu_X^4 \left(-\frac{3}{8}\right) + \frac{e^6\hbar}{(16\pi^2)^2}\mu_X^4 \left(\frac{71}{6} - \frac{62}{3} + 10\ln^2 e\right) + \frac{e^6\hbar}{(16\pi^2)^2}\mu_X^4 \left(\frac{\xi}{4} - \frac{3}{2}\xi\ln e\right)$$

• gauge-dependent vacuum energy is **not OK** 

Still gauge-dependent!

What's missing?

#### More diagrams!

### Daisy resummation

Higher order graphs can scale like inverse powers of  $\lambda$ :

Only one series of graphs contribute at order  $\sim \hbar^2$ 

Effective masses depend on  $\lambda$ 



"daisy diagrams"

We can sum the series:

$$V^{e^{6}\text{daissies}} = \phi^{4} \frac{\hbar}{16\pi^{2}} \left( -\frac{e^{2}\lambda\xi}{24} \right) \left[ \frac{\widehat{\lambda}(\phi)}{\lambda} + \left(1 - \frac{\widehat{\lambda}(\phi)}{\lambda}\right) \ln\left(1 - \frac{\widehat{\lambda}(\phi)}{\lambda}\right) \right]$$
$$\widehat{\lambda}(\phi) \equiv \frac{\hbar e^{4}}{16\pi^{2}} \left(6 - 36\ln\frac{e\phi}{\mu}\right)$$

 $\sum_{\substack{k \in \mathbb{Z} \\ \lambda \neq 0}} \propto (e^2)^3 (e^2 \phi^2)^3 \int \frac{d^4k}{2\pi^4} \left(\frac{i}{k^2 - \frac{\lambda}{2}\phi^2}\right)^3 \propto \phi^4 \frac{e^{12}}{\lambda}$ 

### Full potential at NLO:

$$V^{\rm NLO} = \frac{\hbar e^2 \lambda}{16\pi^2} \phi^4 \left( \frac{\xi}{8} - \frac{\xi}{24} \ln \frac{e^2 \lambda \xi \phi^4}{6\mu^4} \right) + \frac{\hbar^2 e^6}{(16\pi^2)^2} \phi^4 \left[ (10 - 6\xi) \ln^2 \frac{e\phi}{\mu} + \left( -\frac{62}{3} + 4\xi - \frac{3}{2}\xi \ln \frac{\lambda \xi}{6e^2} \right) \ln \frac{e\phi}{\mu} + \xi \left( -\frac{1}{2} + \frac{1}{4} \ln \frac{\lambda \xi}{6e^2} \right) + \frac{71}{6} \right] + \phi^4 \frac{\hbar e^2 \lambda}{16\pi^2} \left( -\frac{\xi}{24} \right) \left[ \frac{\widehat{\lambda}(\phi)}{\lambda} + \left( 1 - \frac{\widehat{\lambda}(\phi)}{\lambda} \right) \ln \left( 1 - \frac{\widehat{\lambda}(\phi)}{\lambda} \right) \right]$$

Now... vacuum energy is gauge-invariant!

$$V_{\min} = -\frac{3\hbar e^4}{128\pi^2}\mu_X^4 + \frac{e^6\hbar^2}{(16\pi^2)^2}\mu_X^4\left(\frac{71}{6} - \frac{62}{3}\ln e + 10\ln^2 e\right)$$

Field values are still gauge-dependent:

$$v = \mu_X + \mu_X \frac{\hbar e^2}{16\pi^2} \left\{ -\frac{40}{9} + \frac{94}{9} \ln e - \frac{20}{3} \ln^2 e - \frac{\xi}{2} + \frac{3}{2} \xi \ln e + \frac{\xi}{4} \ln \left[ \frac{\xi \hbar}{16\pi^2} (1 - 6\ln e) \right] - \frac{1}{6} \xi + \xi \ln e \right\}$$

$$\Lambda_I = \mu_I + \mu_I \frac{\hbar e^2}{16\pi^2} \left\{ -\frac{77}{9} + \frac{124}{9} \ln e - \frac{20}{3} \ln^2 e - \frac{\xi}{2} + \frac{3}{2} \xi \ln e + \frac{\xi}{4} \ln \left[ \frac{\xi \hbar}{16\pi^2} (1 - 6\ln e) \right] - \frac{5}{12} \xi + \xi \ln e \right\}.$$

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# STANDARD MODEL

### Lessons from scalar QED

1. Gauge invariance requires consistent expansion in  $\hbar$ 

To N<sup>n</sup>LO order

Drop some n-loop contributions

Include contributions from > n loops

2. Don't resum logs by solving RGE for  $V_{eff}$ 

$$\left(\mu \frac{\partial}{\partial \mu} + \beta_i \frac{\partial}{\partial g_i} - \gamma h \frac{\partial}{\partial h}\right) V_{\text{eff}} = 0$$

• Mixes up orders in  $\hbar$  in an uncontrolled way

3. Do resum logs by using couplings at some scale  $\mu_X$ 

• Natural condition for  $\mu_X$  is that  $V_{LO}'(\phi=\mu_X) = 0$ 

4. Don't express V<sub>min</sub> in terms of  $v=\langle \phi 
angle$ 

• Express  $V_{min}$  in terms of  $\mu_X$  instead

### **Standard Model**

$$V^{(\text{LO})}(h) = \frac{1}{4}\lambda h^{4} + h^{4} \frac{1}{2048\pi^{2}} \Big[ -5g_{1}^{4} + 6(g_{1}^{2} + g_{2}^{2})^{2} \ln \frac{h^{2}(g_{1}^{2} + g_{2}^{2})}{4\mu^{2}} \\ -10g_{1}^{2}g_{2}^{2} - 15g_{2}^{4} + 12g_{2}^{4} \ln \frac{g_{2}^{2}h^{2}}{4\mu^{2}} + 144y_{t}^{4} - 96y_{t}^{4} \ln \frac{y_{t}^{2}h^{2}}{2\mu^{2}} \Big]$$
Tree-level
Part of 1-loop  $\lambda \sim \mathcal{O}(\hbar)$ 
• Scale h=ux where  $\frac{d}{d}V^{(\text{LO})}(h) = 0$  is

Scale h=
$$\mu_X$$
 where  $\overline{dh}V^{(10)}(h) = 0$  is  

$$\lambda = \frac{1}{256\pi^2} \Big[ g_1^4 + 2g_1^2 g_2^2 + 3g_2^4 - 48y_t^4 - 3(g_1^2 + g_2^2)^2 \ln \frac{g_1^2 + g_2^2}{4} - 6g_2^4 \ln \frac{g_2^2}{4} + 48y_t^4 \ln \frac{y_t^2}{2} \Big]$$

• Run couplings with 3-loop β-functions, find numerical solutions

$$\mu_X^{\text{max}} = 2.46 \times 10^{10} \text{ GeV}$$
  
 $\mu_X^{\text{min}} = 3.43 \times 10^{30} \text{ GeV}$ 



## Standard Model at NLO

- We know the 1-loop contribution to  $V_{\rm NLO}$ 

$$V^{(1,\text{NLO})}(h) = \frac{-1}{256\pi^2} \left[ \xi_B g_1^2 \left( \ln \frac{\lambda h^4(\xi_B g_1^2 + \xi_W g_2^2)}{4\mu^4} - 3 \right) + \xi_W g_2^2 \left( \ln \frac{\lambda^3 h^{12} \xi_W^2 g_2^4(\xi_B g_1^2 + \xi_W g_2^2)}{64\mu^{12}} - 9 \right) \right] \lambda h^4$$

- We know the 2-loop contribution to  $V_{\mbox{\scriptsize NLO}}$  in Landau gauge

$$\begin{split} \lambda_{\text{eff}}^{(2)} &= \frac{1}{(4\pi)^4} \bigg[ 8g_3^2 y_t^4 \left( 3r_t^2 - 8r_t + 9 \right) + \frac{1}{2} y_t^6 \left( -6r_t r_W - 3r_t^2 + 48r_t - 6r_{tW} - 69 - \pi^2 \right) + \\ &+ \frac{3y_t^2 g_2^4}{16} \left( 8r_W + 4r_Z - 3r_t^2 - 6r_t r_Z - 12r_t + 12r_{tW} + 15 + 2\pi^2 \right) + \\ &+ \frac{3y_t^2 g_2^4}{48} \left( 27r_t^2 - 54r_t r_Z - 6r_t r_Z - 12r_t + 12r_{tW} + 15 + 2\pi^2 \right) + \\ &+ \frac{y_t^2 g_2^4}{48} \left( 27r_t^2 - 54r_t r_Z - 68r_t - 28r_Z + 189 \right) + \frac{y_t^2 g_2^2 g_2^2}{8} \left( 9r_t^2 - 18r_t r_Z + 4r_t + 44r_Z - 57 \right) + \\ &+ \frac{g_2^6}{192} \left( 36r_t r_Z + 54r_t^2 - 414r_W r_Z + 69r_W^2 + 1264r_W + 156r_Z^2 + 632r_Z - 144r_{tW} - 2067 + 90\pi^2 \right) + \\ &+ \frac{g_2^2 g_2^2}{48} \left( (2r_t r_Z - 6r_t^2 - 6r_W (53r_Z + 50) + 213r_W^2 + 4r_Z (57r_Z - 91) + 817 + 46\pi^2) + \\ &+ \frac{g_2^2 g_2^2}{64} \left( \frac{g_2^2 + g_Y^2}{g_2^2} \right) \left( 18g_2^2 g_Y^2 + g_Y^4 - 51g_2^4 - \frac{48g_2^6}{g_Y^2 + g_Y^2} \right) \bigg] \,. \end{split}$$

 We don't know the Daisy contribution. But we do know if vanishes in Landau gauge at NLO

$$V^{e^{6}\text{daissies}} = \phi^{4} \frac{\hbar}{16\pi^{2}} \left( -\frac{e^{2}\lambda\xi}{24} \right) \left[ \frac{\widehat{\lambda}(\phi)}{\lambda} + \left(1 - \frac{\widehat{\lambda}(\phi)}{\lambda}\right) \ln\left(1 - \frac{\widehat{\lambda}(\phi)}{\lambda}\right) \right]$$

 Assuming everything works like in scalar QED, we have everything we need for NLO

### Results

Absolute stability: for what values of the Higgs and top masses is is  $V_{min} = 0$ ?



$$m_h^{\text{pole}} = (125.14 \pm 0.23) \text{ GeV}$$
  
 $m_t^{\text{pole}} = (173.34 \pm 1.12) \text{ GeV}$ 

### Results

Absolute stability: for what values of the Higgs mass is  $V_{min}$  = 0 at fixed top mass?



Holding top mass fixed

- Absolute stability bound lowered by 300 MeV
- Larger shift that including the 2-loop V<sub>eff</sub>



170

168 120

178

176

 $\overset{\text{dot}}{N}$  174

172

120

gauge dependent, since  $\Lambda_{I}$  is gauge-dependent

New gauge-invariant way

when is  $\Lambda_{I} = \Lambda_{NP}$ ?

- Add  $\mathcal{O}_6 = rac{1}{\Lambda_{\mathrm{NP}}^2} |H|^2$  to the SM Lagrangian
- See how big  $\Lambda_{NP}$  must be so that  $V_{min} = 0$



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Old way:



- Resummation/truncation to fixed order breaks gauge-invariance
- Is there a similar consistent perturbative calculation scheme?
- Is the rate Planck sensitive?
  - Guidice, Strumia et al (arXiv:1307.3536): minimum below Mpl, so no.  $\beta_{\lambda}$  =0 at  $\mu$  = 10<sup>17</sup> GeV < M<sub>Pl</sub>
  - Sher, Brandina et al (arXiv:1408.5302): field at center of bubble greater than Mpl, so **yes**  $\phi_B(r=0) = 10^{19} {
    m GeV} \sim M_{
    m Pl}$

## Metastability (work in progress)



Standard Model potential Liftetime = 10<sup>600</sup> years





- Lifetime = 0 sec
- Arbitrarily small bubbles form and grow

Add 
$$\Delta V = -\alpha \frac{1}{M_{\rm Pl}^2} H^6 + \beta \frac{1}{M_{\rm Pl}^2} H^8$$

• Lifetime can be anything!

- Planck sensitivity not due to coincidence that  $\beta_{\lambda}$  =0 at  $\mu \sim M_{Pl}$
- Tunnelling is **non-perturbative** and **always** UV sensitive.



- Is there a similar consistent perturbative calculation scheme?
- Is the rate Planck sensitive?

#### 2. Temperature dependent potential

• Physical quantities also formally gauge invariant

Critical T: T<sub>C</sub> Transition rates Gravity wave spectrum

#### 3. Inflation

- Field values are unphysical
- What is the right way to construct short-distance models of inflation?

# Conclusions

- Using effective actions consistently is tricky
- Field values φ are unphysical
  - Don't compare φ to some fixed scale
- Consistent use of perturbation theory is important



### Do we know if the universe is stable?

- Our universe will probably decay, eventually.
- We don't know how long it will last